

# LYMPSTONE SAILING CLUB

## March 2018 Newsletter

### Life jacket and Buoyancy aid checks

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Have you performed your pre-season checks? Only five weeks to go before craning afloat and activity in the boat park is steadily increasing. Between now and April 3<sup>rd</sup> many hours of repairs and titivation will take place to ensure our much loved boats are ready for the season and some of that effort should also be directed to your buoyancy aids and lifejackets. Only yesterday whilst working on White Lady I was drawn into a conversation with a club member who recently did his pre-season lifejacket check and found the gas bottle had become so loose as to make it unusable. This is a common occurrence, one amongst many things that could go wrong, that none of us should overlook. So what checks should you do? A buoyancy aid is fairly straight forward checking for general wear, tear and fit, but for a lifejacket you should at least unpack it and inflate it (using a pump preferably to avoid condensation in the tube) and leave it inflated for 24 hours to check for leaks. At the same time you should be checking:

- The cylinder is tight and not corroded
- There is no fabric abrasion
- The Condition of inflation tube
- The Condition of webbing
- Is the Auto trigger in date?
- Do you have crotch straps?
- Does it still fit?

So, whether you wear it at all times or having it close to hand for when you feel the need to use it, our buoyancy aids and lifejackets, like so many other things aboard, should be included in our winter maintenance program and start the new season in effective working condition. Of all the bodies that the RNLI have pulled from the water, few were wearing lifejackets or buoyancy aids. If they had been, they could have survived longer, perhaps long enough to have been found alive. Find out more on how to choose, use and maintain a lifejacket or buoyancy aid at [www.respectthewater.com](http://www.respectthewater.com)

**Chas (C Cpt)**

### For Sale/Wanted

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If anyone has any items they wish to sell or are looking to buy, let me know and I can include them in this section. Email [margaretturgoose@aol.com](mailto:margaretturgoose@aol.com)

**Margaret**

### Clubhouse decorating party

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On the weekend of 21<sup>st</sup> - 22<sup>nd</sup> April we are decorating the downstairs areas of the club. The more volunteers we have, the less work we will each have to do. So, please save the dates and come along to help rub-down, paint, etc. Even if you can only spare a few hours it will lighten the load on everyone else. More details nearer the date.

**Bill Boaden.**

### First Aid Course

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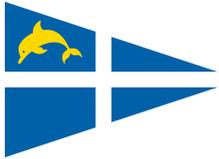
The RYA First Aid Course is being held on Saturday 10<sup>th</sup> March from 9am to 5pm. **The qualification is valid for 3 years, so check if yours is about to run out.** Book now <https://www.lympstonesailingclub.co.uk/events/rya-first-aid-course/> if you want a place. The RYA recommend that people taking or having Intermediate and Advanced Powerboat Qualifications, Safety Boat and Instructor Qualifications or Day or Coastal Skipper should possess the First Aid Qualification. It is valuable information and training for anyone and open to all. We are able to provide this course at a very favourable rate of £40 and members may claim back £20 of this from the Regatta Fund on completion of the course. **Judith**

### Boat-kit swap and sale

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The sailing season kicks off on Friday 13<sup>th</sup> April with Improver Sailing, a novice race, and the dinghy shakedown sail. From 18.00 in the clubhouse we will be serving pasties and providing free space for you to swap or sell any unwanted or outgrown kit and spares. A chance to move on the wetsuits, buoyancy aids, water shoes, etc. that the kids, or you, have grown out of, or a chance to pick up bigger ones now that they have grown. Any unwanted chain, rope, shackles, or even engines? Bring them along because you never know who might want it.

**Peter Turgoose**



# LYMPSTONE SAILING CLUB

## LSC Contacts

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Commodore	Mike Gall
Membership	Cheryl Scudamore
Secretary	John Bennett
Rear Commodore.	Lesley Anderson
Treasurer	Basil Strickland
Newsletter	Margaret Turgoose

Website: [lympstonesailingclub.co.uk](http://lympstonesailingclub.co.uk)

## LFHA licenses

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Email-equipped boat owners should have received their invoices for 2018/9 LFHA licenses. Please note you do not have long before the surcharge kicks in. Snail mailers to follow. I regularly receive general enquiries on LFHA/LSC matters, the answers to many of which are available on the LFHA website, [www.lympstoneharbour.org.uk](http://www.lympstoneharbour.org.uk). In order to encourage the use of this, my replies in future will simply refer you to the website when appropriate. For those without computers, information will appear on the LFHA Noticeboard.

**Richard Crisp**

## Mariners' Munches

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If you have not yet come down to the club for lunch on a Friday - put it in your diary now. Mariners Munch is a sociable occasion with home cooked lunch of soup, sandwiches and puds in a wonderful setting looking out over the estuary and watching those hard at work in the boat shelter getting their boats ready for Craning Afloat. Lunches continue to the end of March 12 am to 1 pm. Open to all members and you can bring a guest who is a non member if you wish.

**Judith Carter**

## Skittles

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The Dolphins have two away matches left to complete the season, and with six wins from twelve games we are in mid-position in the Exe Skittles league. We should avoid being the recipients of the wooden spoon. Lypets are still favourites to win the league having won ten of their twelve matches to date. Dolphins play the Lypets at the Club on 7th March and this is always a keenly fought game.

**Don Govan**

## DIARY DATES

Fri 16 Mar 19:30 St Patrick's Day dinner

Fri 23 Mar 19:30 Spanish Evening

Book for these events via the website

Tues 3 April Craning Afloat

## Commodore's Corner

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The days are discernibly longer, committee meetings seem to be coming round with amazing rapidity and the boat park is busier - sure signs that the season will be on us again before we're all ready. Dates and adverts are already appearing for the Exe Canoe Rally and the Exe Regatta. Many thanks to the whole team for getting LSC's Sailing Programme out, at least in electronic format. A slow adopter myself, I was heartened to see how easy it is to merge our sailing programme and my personal diary. Hard copies will be available from the bar shortly. I'm not a user of social media but can't help but be amazed by the speed of spreading valuable news, recently exemplified by discounted anti fouling! Keep it up and help us all control the costs of boat ownership. I had my first day on the water this afternoon as one of the team of safety boats required for the Starcross Steamer. 3 degrees, cold easterly winds and more than 100 entrants zig zagging across the river, a portent of things to come in 2018. A metaphorical thread has run through the "dinner season" - one of a warm welcome at all our sister clubs and a desire to see more cooperation across all 'disciplines.' At one end of the spectrum, 2018 will see LSC work closely with SYC to deliver a successful Exe Regatta. At the other, all clubs have seen growth of interest in paddle sports. SFCC in particular seem to be embracing development of an active kayak section and will welcome LSC paddlers to join in their events and a warm welcome if we are simply touring the river. As the winter season draws toward its inevitable conclusion, my thanks to everyone who has contributed to the programme of dinners, lunches and informative talks. You have kept us entertained, kept the life blood of LSC flowing through the operating account and kept the bar staff busy. Thank you, one and all.

**Yours Aye, Mike**