



COVID Sailing Procedures

1. Please observe the prevailing social distancing rules, at all times. If you have any COVID symptoms, please stay at home.
2. LSC members' safety, and the adherence with these COVID guidelines, rests with the OOD. Please respect what he or she says.
3. Please change at home, if you can. Please do not use the changing rooms. There is to be a maximum of one person using the toilets, excepting co-habitants.
4. Please keep 2m apart from other sailors, paying particular attention in the dinghy park and slipway, and in particular during launching and recovery. Please launch in sequence for racing. The OOD will wait until all boats are launched before starting the sequence. You may need a longer painter, which you can throw to someone so they can hold your boat on the slipway.
5. Please only sail if the conditions are well within your capabilities, and err more on the side of caution when deciding whether to sail, than you ordinarily would.
6. The rescue boat has been instructed to assist from a distance. They may ask you to retire if you are struggling, and they have been instructed to tow boats home with sailors in them, and to allow sailors into the rescue boat only as a last resort.
7. If you are racing, please 'sign on' verbally with the OOD - no sign-on sheet will be put up. The course will be displayed outside, on a board.
8. During COVID, we will extend rescue cover to free sailors during racing, where possible. Please 'sign on' with the OOD. They will agree a rescue 'area', usually the racing area; and a time limit; usually the length of racing. They may not agree to extend rescue cover, for example, if the rescue boat will be fully occupied with racing boats or if the conditions are difficult.