



LYMPSTONE SAILING CLUB

March 2023 Newsletter

Join the 2023 Cruiser Programme

Hello Cruisers!

The sailing season is getting closer and the time for boat fettling on the hard is upon us. This means it is time to get the LSC cruiser schedule into your calendars and built into your plans. This year we have gained new cruisers and new boats and the day boats are likely expanding so we have prepared a new mix of opportunities for fun on ocean and estuary waters. We've expanded the number of around the estuary in company events so that day boats and those shallow drafters can get out around the estuary. These are marked in purple on the cruiser programme. Whilst longer trips are in red. We have at least one shorter sail in each month that can be done as day sails or overnights e.g. to Babbacombe (Darling Cup) in April, the Jupp Salver race to the Orestone (June), which can be done in a day or you can overnight in Elberry Cove with others, a long weekend sail to Salcombe but that others could join part way to Ansty's Cove (June), a weekend overnights (location to be determined) for July. Sept has a day sail to Ansty's Cove for those not on the scheduled longer Falmouth trip. Because there are now a good number of the larger cruisers getting a bit more adventurous, we have a daring turn east to Lyme Regis for a reworked Chandis Bell event in May and two longer group cruise opportunities planned. The first is in July sailing to Jersey via Brixham and Guernsey, and heading back via Alderney. A Channel Islands adventure! So, dig out your sextant, paper charts, or stick with your chart plotter. For those with 4-legged sailing friends, no pet passport needed for the Channel Islands, so adventures for all. In August we have scheduled a two-week voyage to Falmouth via hops along all the SW coast, the Dart, Plymouth, Fowey, Falmouth and back via Newton Ferrers, Hope Cove or Salcombe and the Dart (or Brixham). People can either join for the full period or join for parts or meet up from other voyages. So now all we need to do is keep our fingers crossed for fair winds and sun for cruising fun. **Claire Belcher**

LFHA Key Dates

Wednesday 12th April Harbour Opens to summer-licensed vessels. No dinghies are to be brought to the Harbour before this date. Other new details pertinent to DIY launchers of trailered vessels on the hardstanding & cranes are available to LFHA members on the website under Members' Login >> Member's Home >> 2023 Boating Season Dates **Richard Crisp**

2023 Dinghy Sailing Schedule

The committee will be publishing the 2023 programme in the next week or so. This winter we've spoken to members about how we can broaden participation on the water, and we've put our thinking caps on too. So alongside all the usual dinghy races, the programme has a number of changes designed to encourage more people onto the water. Whenever we provide rescue cover for racing, the rescue boat is available for anyone who wants to go afloat, even if they don't want to race. They just need to notify the race officer and agree some limits to the area covered. To encourage people to take advantage of this, the programme shows the time period when rescue cover will be available. Last year we had a number of Open Sailing days, which were successful in attracting members who wanted help to rig the club boats and a bit more support before they were comfortable to go sailing. This year we've built on these: we have four in the calendar. We'll have members of the dinghy fleet to help rig, launch and go on the water with people. And each one coincides with a social: drinks, a BBQ or food in the clubhouse. For families, there will be a Swallows and Amazons afternoon over the Lymestone Regatta - details to be arranged, but likely to be a short cruise to a picnic site in whatever craft people have, plus fun and games. We know that there are a number of people who'd enjoy racing but are a bit put off by all the keen dinghy racers taking it seriously (*although we are always very supportive of anyone who wants to have a go - as people were with us when we first started, Ed.*) So this year we have an "introduction to racing" coaching day, which is on a Saturday and preceded by an informal session on the Friday night to talk through the basics. It'll be fun and informal, and run by one of our in-house RYA race coaches. Finally, our club boats are a great asset but we know that some people are put off using them because they're not sure how to rig them. We're going to try some different ways to overcome that - including informal briefing sessions and clearer instructions in the boats. Thank-you to everyone who has contributed their thoughts or time to putting the programme together this year. Loudest thanks to Margaret Turgoose, who has taken on the task this year of compiling the programme, and has worked hard to make sure that, as much as possible, OOD and safety boat duties are at times that suit people. **Dougal Scott**

For Sale: a "winning" dinghy

George Collett's Laser Full on launching trolley for sale. Full XD kit, mark 1 sail that's seen better days, but George seemed to do ok with it. £450
David Collett 07920-844629.



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LSC Contacts

Commodore	Nick Walding
Vice Commodore	Simon Pryor
Membership	Penny Lupton
Secretary	Peter Turgoose
Rear Commodore.	Judith and Elaine
Treasurer	Adam Rejzl
Newsletter	Margaret Turgoose
Website:	lympstonesailingclub.co.uk

Social Activities

MARINERS MUNCH - every Friday till 31st March.

These have been a great success and thank you to all the volunteers who have helped over the past couple of months. Helpers still needed for 17th, 24 and 31st March. Let me know if you could help judith_carter@hotmail.com

SUMMER SOCIAL PROGRAMME

We have planned our social programme for the sailing season and members will shortly get an email asking what events they are willing to help with e.g. with teas, lite bites, snacks etc. If anyone has ideas of other events they would like to see in the programme, let me know, we want to make these events work for our members and suggestions are always welcome as well as offers of help. Just email rear-commodore@lympstonesailingclub.co.uk or speak to Elaine, Judith or anyone on the committee. **Judith**

Save the Date: Exe Regatta 8/9th July.

The **EXE REGATTA PARTY** is hosted by LSC this year. The party is open to members of Sailing Clubs on the Exe Estuary and is on the evening of Saturday 8th July with food and live music. The amazing **CARDBOARD BOAT COMPETITION FOR KIDS** is also at lunchtime on the 8th July so make sure you are around for that weekend. Not to be missed and if you are around to help that will be appreciated. We have a reputation to uphold of a great party on the estuary!

Draught Ale Evenings.

Friday 3rd and 31st March. There is the usual bar service, but the draught ale is available on these evenings. Open to everyone not just the beer drinkers!

DIARY DATES

Fri	3 Mar	19:30	Draught ale night £3/pint
Fri	10 Mar	19:30	Welcome new members
Fri	17 Mar	19:30	Soundscapes of the sea - Sophie Nedelec
Fri	24 Mar	19:30	Intro to racing - Dougal Scott
Fri	31 Mar	19:30	Draught ale night £3/pint
Sat	8 Apr	07:00	Craning Afloat + bacon butties
Wed	12 Apr		Boat park open for summer

Welcome New Members Evening

Friday 10th March club night will give new members in particular an opportunity to meet other members including the Committee, and to ask Questions, as well as hear (briefly) from our esteemed Commodore Nick Walding! The bar will be open as usual and there will be delicious FREE finger food. A "Suggestions Box" will be available so you can post your ideas and questions. The LSC is as good as its active members so do come along on 10 March to 'interact' and have fun! Looking forward to seeing you all from 7-30pm. **Elaine Paul**

Items Wanted

- Inflatable dinghy / tender approx 230cm.
- 25hp long shaft outboard engine.

Please contact Mark Conboy on 07715 168854
12ft tender/fishing boat. Call **Steve 07940-830487**



Cardboard Boat Challenge fun 2022



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Commodore's Corner

February has been another busy month at the club with a really successful Real Ale night and a very entertaining music quiz that was anything but the *Same Old Scene*. It was also great to have volunteers from the National Coastwatch Institute visit the club and give a talk on what they do in Exmouth and across the country. And as ever Mariner's Munches continues to be a roaring success this winter with a clubhouse full of members catching up and feasting on the culinary delights provided by our steadfast volunteers! With the days beginning to lengthen we are nearing the start of the season and with that this season's sailing and social programmes are nearly ready for publication - please keep an eye out for their distribution in your inbox and on the website. I would like to express a massive thank you on behalf of the committee to Margaret, Claire, Judith, Elaine, Dougal, and Simon who have contributed enormous amounts of time in the pre-planning stages and construction on the various programmes for the coming year! And finally I would like to say a big thank you to everyone who has renewed their memberships for this season. Our membership is looking very strong for this year and this is really encouraging as everything that is done at the club is for our members. We are looking forward to the year ahead and to seeing you all enjoying the use of the club, whether it is for a drink one a Friday evening, participating in our events or, most crucially in my opinion, being on the water and enjoying what our lovely estuary and coastline has to offer! **Nick**

Who's Who? Simon Pryor

My passion for boating originated in about 1930 when my Grandfather bought a house at Saltash, with a sea wall onto the Tamar estuary. My father fell in love with the sea, and was given a rowing boat for his 12th birthday - and within 7 years was in the Royal Navy. My earliest days boating were spent on my father's 16ft cabin cruiser, on the Medway whilst my father's ship was in dock at Chatham. My most vivid memory was throwing a brick - and myself - off the sailing club pontoon and landing flat on my back in the deep Medway mud. When slightly older I went yacht racing with my father's friend, who, because I was small, got me trapezing off the gunwhale of his 24ft cruiser - that was it, I was hooked! My first dinghy was a Mirror, which we raced at Clatworthy Reservoir (predecessor to Wimbleball), having moved to Somerset when the Hydrographic Service transferred to Taunton. And my second date with Michelle (both aged 16!) was sailing the Mirror there - and somehow we managed to capsize it! Then my dad bought me a Lark - from Starcross Yacht Club - and we had years of fun in that. I eventually rigged up a trapeze on it, so I could sail it single-handed. But Michelle gave me a birthday present of a coaching session in a Laser II at Mylor, trapezing and flying a kite - fantastic fun! I spent a decade or more sailing Laser II's, doing Open events and the Championships each year. At the Worlds and Europeans we'd usually have well over 100 boats on the start line - high adrenalin stuff, but brilliant fun. Baby number 2 came along and I realised single-handed trapezing was the only viable option, so got an RS 600. Super fast upwind, but without a kite was rather boring downwind - apart from gybing, which was a nightmare. Then on a sailing holiday in Greece we discovered the 29er skiff - baby sister of the Olympic 49er. Wow, it was fun - but horribly unstable unless going fast; which is probably where I lost my love of 'slow sailing'. We spent many happy years racing, sailing - and swimming - in that boat...

Boxes

Two new boxes will appear in the club house in the next week or so. We have agreed to take a box for the collection of ropes for recycling. This is the beginning of a trial project being organised by Jimmy Green Marine from Beer and any members should make use of it to rid themselves of the old ropes (dry) which are no longer of use. You will find it downstairs in the entrance hall. At the same time, the committee are keen to receive comments and suggestions for improvements to the club that members might have so a small suggestion box will be available on the clubhouse bar to receive them.

Members can also, of course, send any comments or suggestions to enquiries@lympstonesailingclub.co.uk if they prefer. **Allan Henderson**





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...I'd often sail it with two 8 year old boys as crew, one trapezing and one hiking. We also had a succession of boats for the kids: a Mirror, a Topper (still in the dinghy park!), a Feva (fab boat to learn on), the 29er and finally an RS200. And at the end of that none of them wanted to sail! We did try a few sails with my father in his small cabin cruiser, but the kids got bored, and ended up throwing most things over-board: winch handles, fenders and cutlery - tho' never actually themselves. Meanwhile Michelle and I realised we were getting a bit old for a 29er, and bought the RS800, which although more scary was actually a lot smoother to sail. But we also got back into yachting - and discovered the Mediterranean! We've had many happy weeks sailing with Chris and Jane Cooke in Greece. Then Michelle and I did our Day Skipper at LSC one January, and we've been chartering yachts every year since then, in Menorca, Mallorca, Kos and Brittany. One infamous holiday sailing around Menorca we had 11 people on board a 40' boat that only slept 8 - three of us dosing down on the beach, harbour wall, pontoon, etc. And on the final night I slept on our paddle board - the only thing that I've ever done in a boat that has impressed my kids! As well as getting into bigger boats, I also went smaller, and got into sea kayaking. It's a v. different way to get up close and personal with the coastline, and there's something magical about sleeping on beaches - and waking up to sand hoppers in your museli. And finally, all that investment in the kids paid off, as last year my middle son Tom bought himself a boat in New Zealand - a 49er! And I'm itching to get out there to sail it with him! What's the next boat you might ask - well, let's see...but it will have to go fast!

Simon Pryor

Dear Lymestone Sailing Club,

I thought I'd better introduced myself to those whom I have not met - my name is [Imo](#), one of the Wildlife Wardens for the Exe Estuary. I joined the team at South East Devon Wildlife towards the end of last summer, so am yet to experience all the excitement of peak watersports season! I wanted to make sure that you knew about the good news from the Exe wildlife refuge (WR) monitoring scheme, given your interest during the consultation for these areas. The monitoring was carried out by Footprint Ecology and the results of their 3 year study can be found [here](#). Additionally, an open access link to the council meeting regarding this report can be found [here](#) (Section 78).

In summary:

- The maximum numbers of wildfowl recorded in and around the Exmouth WR increased annually over the 3 years.
- The number of birds in the Exmouth WR increased at the expected time period (from mid-September to end of December).
- Fewer disturbances of the WRs occurred year on year since their introduction in 2018.
- These results suggest that the WRs are at the right time of year and in the right place, successfully providing a safer place for birds to roost and feed. As long as the refuges continue to be successful in this respect, no further changes are required.

I am sure this news is pleasing for most (including ourselves!). Personally, I would like to thank you for working with us to give wildlife an undisturbed space on the Exe Estuary. We really appreciate your continued efforts to spread our key site messages and we intend to maintain good relations. We are very happy to supply leaflets for your members, including those on wildlife and [Water Users Codes](#) - do let me know if you would like me to bring some over - it would be even better to meet you in person! Please do keep in touch, give us a follow on [Facebook](#), [Instagram](#) & [Twitter](#), subscribe to our [newsletter](#) and check out our [website](#) if you haven't already - we keep these up to date with local events, news and general wildlife information. Over the coming year, we hope to attend some watersports events to spread the word - we have a pop-up gazebo, display boards and a telescope, which we'd love to bring along. If you can recommend any particular events do let me know.

Best wishes,

Imogen Salmon

Wildlife Warden

M: 07873 702 052

isalmon@eastdevon.gov.uk

www.southeastdevonwildlife.org.uk