



LYMPSTONE SAILING CLUB

May 2023 Newsletter

Social Activities

Social events: Mark and Hilary Walker and Michelle Pryor cooked and served a wonderful authentic Italian meal for the Start of the Season Supper. Those of you who missed it - missed a treat. The next week we had our first Lite Bites after sailing organised by Penny Lupton and Sylvia Zair. A big thank you to them for kicking off the summer social season in grand style. Over the next month we have **Lite Bites** after sailing on 5th May at 7.30pm and then after Open Sailing on Sunday 14th May, at 4pm when we hope to have lots of members out on the water having fun, in addition to our regular racers. We have two **Draught Ale evenings** on Friday 28th April and Friday 12th May and of the course the bar is open every Friday from 7.30pm. If anyone, particularly those with children wish to come down earlier, it is possible to obtain the keys, open up the clubhouse, have a drink, sit on the balcony, and enjoy the view and the sunset. If you do not know how to get access to the keys just contact me or a member of the committee. You should have received a social programme though your letter box to remind you of what is coming up.

Lego Club: for kids and families is on Sunday 30th April and Sunday 21st May at 2.30pm

BBQ: lunchtime Saturday 10th June. As part of the LSC Regatta weekend we will be having a BBQ and information about how to book tickets will be available nearer the time. **Contact me if you are willing to help cook or prepare a salad.** There is **Tea on Sunday 11th June** and I would be glad to hear from anyone anyone willing to **cook scones, bake a cake or make sandwiches.**

The Big Clean Up: Saturday 29th April. At the beginning of the season we have a working party to spring clean the kitchen, bar and clubroom. This is on Saturday the 29th April from 10am to 12.30pm. **Please come and lend a hand.**

Judith

For Sale

Tideway 10m no.9, Pula Chica £1400 ono (photo in last month's newsletter)

Skymate wind gauge £10

Plus Assorted sailing clothing and boaty bits

Contact John Bennett on 01395279649,
email: ttennebetalktalk.net

Open Sailing and Refresher Sailing

Make a date in your diary for the first **Open Sailing session on Sunday 14 May at 1400.** These are days when there is rescue cover provided, all the club boats are rigged and available, and there are experienced sailors on hand to help you get out on the water. They're aimed at members who are keen to get sailing and have some experience, but are a bit rusty or need a bit more help on hand to be confident to go out. Last year they were very popular, and this year we've expanded them by the addition of Lite Bites at 1600, so join us for some food afterwards! We will also be running a refresher session for people who know how to sail, but want a bit of a refresher to give them confidence to go out on their own.

Briefing will be at 7pm on Friday 19th May in the clubhouse and the session will begin at 6.45pm on Saturday 20th May.

Calling all Day Boaters

Dear Day Boaters, I wanted to note that what is labelled as the Cruiser Programme on the website also contains the dayboat sailing schedule! See <https://www.lympstonesailingclub.co.uk/wp-content/uploads/LSC-Cruiser-Programme-2023.pdf> and check out the items written in purple. These have all the 'around the estuary in company' sails. These include both times during weekdays and weekends to suit a variety of lifestyles. If you are new to estuary sailing this is a great way to follow others, who know the estuary well, around the Exe. Why not open up the club afterward for tea and chat or some other tippie! Currently there is no Dayboat Whatsapp group, but we are happy to start one to help people connect, if you are interested please email Allan on: enquiries@lympstonesailingclub.co.uk with your phone numbers. Best wishes Claire (Cruiser Captain)

BOAT FOR SALE

Reduced to
£1,500

Prelude 19' with lifting keel



Based in Lymestone Harbour.

Includes:

- 5hp outboard (new 2016)
- Tender (new 2020)

Contact Veronica:
01970-387062
veronica.keough@cloud.com



For Sale: a "winning" dinghy

George Collett's Laser Full on launching trolley for sale. Full XD kit, mark 1 sail that's seen better days, Bargain price £350

David Collett
07920-844629.



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LSC Contacts

Commodore	Nick Walding
Vice Commodore	Simon Pryor
Membership	Penny Lupton
Secretary	Peter Turgoose
Rear Commodore.	Judith and Elaine
Treasurer	Adam Rejzl
Newsletter	Margaret Turgoose
Website:	lympstonesailingclub.co.uk

Harbour News

Tidal Harbour: Just before craning but after the owner-launched vessels had departed, a new trial approach to removing silt from the Harbour was very successfully completed. This avoided the need for large dumper trucks to deposit silt elsewhere along the foreshore. Never has such a comprehensive clear-out of silt been achieved at all, never mind within a day! The other significant improvement that the Harbour Board has commissioned, is the installation of **pontoons** to connect the western end of Ted's Folly to the western wall, and another for floating access to vessels berthed against that wall. This facility also allows member access to the western wall at all states of the tide.

Craning: was organised as usual by members of the Harbour Board and completed very efficiently with Carters Cranes of Exmouth on Easter Saturday in good conditions. Thanks to vessel owners for going with the flow.

Working Parties: Many thanks to the two Teams, one organised by Peter Turgoose, that removed the Club dinghies from the racks in the morning, avoiding the afternoon drizzle, and the other group of members that moved my tender and prepared the hardstanding for an orderly return of tenders and dinghies to the hardstanding.

Sailing Season: 'Well done' to all licensed members, most of whom have brought their dinghies and tenders to the hardstanding in orderly and timely fashion. Cruisers have been returning to the Brook to step their masts and the last three have escaped the clutches of the tidal Harbour on the Spring tide. If any owner has not yet brought their licensed dinghy to the hardstanding, [please email me](#) straight away.

Reminders: Please do not bring or leave your vehicle at the Harbour whilst LSC group (sailing) activity is underway or imminent. Please use email rather than chat to formalise license changes.

Richard Crisp

DIARY DATES

Sat	29 Apr	10:00	Big Clean Up
Sun	30 Apr	14:30	Lego Club
Fri	5 May	19:30	Lite Bites
Fri	12 May	19:30	Draught Ale
Sun	14 May	14:00	Open Sailing and Lite Bites
Fri	19 May	19:00	Briefing for refresher sailing
Sat	20 May	18:45	Refresher sailing session

Commodore's Corner

STOP PRESS: The Sailing Season has begun; we are back on the water! Boats are on their moorings again and the boat park is filling up with a variety of vessels; the view from the clubhouse balcony really is the best in the village (not that I'm biased at all)! To start things off this season we had a wonderful 'Start of the Season Supper': fantastic turnout, incredible food, and a real buzz about the clubhouse and among those in attendance. Thank you to all involved with putting the event on. So much time and effort goes into these events and on behalf of everyone at the club I must say how much we appreciate our volunteers for what they do. Dayboats and Cruisers' masts are up and it is a lovely sight seeing our fleet on the river again, especially with some new faces (and boats) on the water, with the first shakedown sails taking place - I think I even saw a spinnaker being unfurled at one point! We have already had four dinghy races - the first was a little livelier than expected but then some of the more recent ones were a tad less invigorating with lighter winds. On the evening tide of the first Lite Bites event, where we were treated to a lovely meal of quiche, salad, and desert, we were able to watch the racers sail past (or backwards) from the balcony owing to the light winds and strong tide. It was a lovely evening though and was great to see sailors and non-sailors alike in the clubhouse after the racing. I'd also like to say thank you to Jamie and Mike for hosting the Safety Boat briefings ahead of the start of the season and for keeping our 'on the water' volunteers up to speed with the necessary info and knowledge to keep us safe on the water during our club events. And to finish - a quick dinghy update - I spent some time doing some TLC work (big scrub down, new cover and trailer wheels, and tinkering with the rigging) but after all that prep work, for my first time 'racing' I got a DNS (Did Not Start...) and capsized attempting a jibe. Not exactly an ideal beginning to this Dinghy-Sailing-Adventure but I was still chuffed to get out on the water and I'm looking forward to my next opportunity.

Nick



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Committee Who's Who? Elaine Paul

Tell us about yourself? My childhood was spent in north Cheshire close to Derbyshire - it always seemed cold, windy and wet! I sensibly decided to spend my University years in sunny, balmy Exeter. It was a wonderful 3 years, particularly as I was so close to the sea! A postgraduate year in Cambridge offered a very different but equally stimulating experience and then it was straight into a career in teaching ... for 35 years! During that time I married Marcus - also a teacher, scholar, rock climber and squash 'maestro'. We moved from Cheltenham to Australia (Geelong Grammar School) then North Yorkshire followed by Taunton ... and along came 2 children - as they do ... Naomi (now 34) and Laurence (31). In 2013 I embarked on securing new qualifications as a Wellbeing Resilience coach and an NLP Therapist. Finally in 2018 I stepped away from teaching to focus on developing my Facilitative wellbeing coaching & NLP business. We moved to Lymestone during a lull in the COVID epidemic in late May 2020: a traumatic as well as fantastic decision! **What's your connection to/interest in**

water sports? Family holidays were spent in north Wales where my Father could indulge his love of powerboats. My brothers have continued the tradition in a major way with some very powerful brutes! I've always loved being on or in the water (but not when it's cold!!) Meeting up with Dougal & Helen helped me to take the plunge into joint ownership of a small, as well as speedy, Zodiac Rib (I call him 'Zodi' but I'm not sure Dougal approves!) Getting my RYA PB2 qualification gave me much greater confidence although I still need to practice my manoeuvres more rigorously! I love being out in the Estuary trying to stay on my SUP board or paddling happily in my kayak. **What's your greatest achievement?** Bringing 2 children into the world - what an adventure! ... followed by making the scary leap into becoming a self-employed Wellbeing coach!

Tell us something surprising about yourself? I'm fearful of the 'unknowns' which change often unleashes. I hate doing anything which seems unnecessarily dangerous and risky, so embarking on a new career late in life - i.e. moving to Lymestone and getting a Zodiac Rib which requires a level of confident competence I struggle with, has not been easy, but the thrill of being out on the water spurs me on. My love of being out on the water largely conquers my fears! If I can do it ... anyone can! So why not get out there and conquer your 'fears' in 2023? **Elaine**



"Two go off on a Sailing Adventure"

After viewing 'L'Hibou' on a warm October Day last year, we knew she was the boat for us. She is a spacious 28'10" Westerly Consort in need of a little TLC but with good bones. By November a deal had been struck with her owners and plans were being drawn up to make her ready for her voyage home to Lymestone. It was only at this time did it dawn on us how far away she really was. Sitting on the hard at the lovely Mengeham Rythe Sailing Club, Hayling Island we estimated our return journey at 130 miles. We enlisted the help of seasoned Solent veterans John Baynes and Richard de La Rue to help us with our passage plans - many thanks to you both! The Launch date of 25th March rapidly approached and we soon found ourselves provisioning, rigging and making final checks to L'Hibou. She was craned onto the mud of Chichester Harbour in a NE gusting 25 knots; however we were lucky to be in a reasonably sheltered position. Once afloat her engine was started and we were on our way to Sparkes Marina, near the entrance of Chichester Harbour and accessible at all tides. Upon departure we neglected to retrieve our favourite dock line - not a good start! This was kindly returned to us 10 mins later by the safety boat, perfectly coiled. Arrival at Sparkes Marina did not go smoothly! We were assigned a dreaded finger berth, a new challenge for us made especially intimidating by strong cross winds. After a smooth u-turn at the wrong pontoon we sighted our assigned berth, throttled down, set aim, frantically hit reverse and merrily ploughed into the pontoon. After much wrestling with mooring lines L'Hibou was settled for the night. Congratulations for a 'successful berthing in difficult conditions' were offered by the Marina Manager - I think he must have not seen the crash. The next morning, we walked to inspect the channel out of Chichester Harbour and were pleasantly surprised to find that conditions had calmed considerably. The decision was made and we left Chichester Harbour at 12:30 to begin the journey home. Once past the Bar Beacon we hoisted the sails and pointed L'Hibou west into the Solent. With a northerly F3-4 filling the sails we made good time to the forts. Passing the forts we dashed across the ferry channel avoiding two large steamers bearing down on us. South of Ryde Sands we joined a fleet of over 50 racing cruisers. The breeze freshened and L'Hibou made 7.5 knots and kept up well with the racing fleet. We hit a squall off Southampton and reefed the genoa. At 15:30 we passed Cowes and made for Yarmouth. We averaged 5.5 knots down the western Solent and arrived at Yarmouth Harbour at 17:30 for a well earned dinner. At 7:00 the next morning we departed Yarmouth and headed out of the Solent via the North Channel...



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...The wind had reduced significantly so we motor-sailed all the way to Weymouth. The tide turned against us at Poole and we hit a strong race off St Albans Head. The motor was pushing us forward at 7 knots but the strength of the race meant we were only making 1.8 knots SOG. 2-3m waves and an easterly swell made steering difficult at times, but Soph heroically steered L'Hibou through it. The engine had been producing a lot of steam from the exhaust most of the day which added to the nerves! Weymouth Harbour were very helpful and assisted with berthing at the Cove. We had a fantastic meal at the Red Lion pub - highly recommended! The next morning we dismantled L'Hibou's heat exchanger and identified a kink in the exhaust injection hose. What little water was getting into the exhaust was instantly turned to steam. We rigged her with a couple of jubilee clips to prevent the hose from kinking. We left L'Hibou in Weymouth for a week to wait out storms and returned for the final leg on April 4th. Needless to say, we were both nervous at the prospect of rounding Portland Bill for the first time. We decided to attempt the inside passage and hit the bill at slack water. We called the Coastwatch station who advised the inside channel looked calm. We departed Weymouth at 09:15 and made for the Bill. The wind was light from the SE with a residual easterly swell. The waters off Grove Point were confused as we crossed the shelf; however, once we got to the inside channel the water calmed. We passed the Bill about 25m from the shore where the water was relatively calm, looking south the waters 100m to port were ferocious. Once round the Bill the water in the lea of the headland was glassy. We set the autopilot to 275 degrees and made for the Exe Cardinal mark. It felt excellent to be in home waters as the landmarks became more familiar. Dolphins greeted us off Budleigh and by 17:45 we were making our way into the Exe. We picked up our mooring buoy at 18:00 and ferried to shore by Marigold Water Taxis. This was the biggest journey for Soph and I by some margin. L'Hibou looked after us the whole way and the guidance from all at LSC made the journey incredibly enjoyable. We look forward to more adventure to come and seeing you all on the water soon!

Sophie and Jac

(It all sounds very exciting - great photos too! Ed)

