



# LYMPSTONE SAILING CLUB

## July 2023 Newsletter

### Social Activities: July

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**RNLI Lifeboat Visit To Lymstone Wednesday 5<sup>th</sup> July at 7.30pm** – put the date in your diary

**Exe Regatta Party Saturday 8<sup>th</sup> July 7pm to 11pm:**

Paella and dancing To Reckless, one of Exeter's Top Party Bands. Food served by Paella Lovers of Exmouth 7.30pm to 8.30pm. Reckless band play 8.30 to 9.30 and 10 to 11pm with recorded music in the break. Beer supplied by Hanlons Brewery; Contactless payment only for drinks.

**Book via the LSC website now**

**Judith**

Don't forget the **Cardboard Boat Competition For Kids On The Foreshore** by Peters Tower on **Saturday 8<sup>th</sup> July 11am**



### Club Boats

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One of the great assets of membership of our club is the availability of club boats for use, free of charge. We have a range of boats to suit single handed sailors as well as family groups. They can be used at any time, although if you a beginner, you should sail only when a safety boat is on the water, that is during racing or open sailing events when experienced members will also be about to coach you through rigging of the boats and sailing. (Next open sailing will be held on 15th July at 16.30). You also need to check the tides before booking to ensure you can get on and off the water. Rules for use and booking are available on the club website. Get out there and enjoy.

### Welcome new Members

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We would like to welcome the following new members who have joined in the past few weeks: David and Fiona Watts, Adrian and Sally-Anne Woolacott, Robert Gale-Haselham and Diana McNeill, Trevor Masters, Barry and Alice Mortimer. We look forward to seeing you on the water or the balcony very soon. **Penny (membership secretary)**

### Commodore's Corner

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With the recent hot weather, the water has never been so inviting. We've had a full-on month with a number of social and sailing events at the club and beyond – dinghy races, Lite Bites, and the River Exe Café Trip. However, none have been quite as big as our LSC Regatta! The 2-day event was a roaring success with plenty of smiling faces around the club and harbour, a very wet Commodore, and even some wind on the Sunday for racing! Thank you to all who made the event so special; everyone who joined in on the celebrations, all the volunteers who took on the mammoth task of organising the event, and finally the Harbour Board for allowing us to use the slipway. More on the event can be found in the rest of this month's newsletter. If you missed out on the LSC Regatta, do not fear, there is still one more Regatta this season – the Exe Regatta is on July 8<sup>th</sup>/9<sup>th</sup> with the Regatta Party being hosted by LSC on the Saturday evening. You need to book food ahead of the event, so please visit the club website to do so. During June, a number of us waved Rory McDougal and Moana off as they headed to Plymouth to take part in the Jester Baltimore Challenge which is from Plymouth to Baltimore, Ireland, via the Fastnet rock. Perhaps we will try and get Rory to recount his exploits upon his return from his adventures! Open sailing was well supported again this month and it was lovely to see returning faces and new ones giving the club boats a go out on the estuary. No dinghy sailing for me this month however. To be honest I have lacked the desire to get on the water and whip around the cans but I think this sort of slump is only temporary and these feelings come and go, so I hope to kick start things again shortly. On a more positive note, I did my first unofficial duty as AOOD (assistant officer of the day) and thoroughly enjoyed hoisting and lowering the flags, recording times, and watching the racers dog-it-out for position! Would recommend it to anyone who wants to learn more about how the dinghy races operate. Speaking of dogs, you may have seen recent correspondence about the trial of allowing dogs in the clubhouse. This may be a surprise, but members have been asking for it. Therefore, as an initial step to see how it goes, we are running a trial to the end of the season. I would like to encourage everyone to give it a go and see how things progress with having our canine friends in the clubhouse. If you have any feedback, please let the Committee know via the suggestions box on the bar or the enquiries mailbox. **Nick**



# LYMPSTONE SAILING CLUB

## LSC Contacts

Commodore	Nick Walding
Vice Commodore	Simon Pryor
Membership	Penny Lupton
Secretary	Peter Turgoose
Rear Commodore.	Judith and Elaine
Treasurer	Adam Rejzl
Newsletter	Margaret Turgoose
Website:	<a href="http://lympstonesailingclub.co.uk">lympstonesailingclub.co.uk</a>

## Committee Who's Who? Sophie Cocks

### What's your job on the committee?

I'm a general committee member, so far that's meant getting involved in helping to plan the winter programme, support events and doing odd jobs here and there!

### When did you learn to sail?

We always used to sail as a family in our Drascombe Dabber around the U.K. and France. My parents were keen sailors and I was about 2 months old when I first went on the boat. Sort of picked it up over the years but it's very different doing it as an adult and being the person responsible. I'm still sailing the Drascombe and became obsessed with the ocean as I grew up so spend a lot of time in and around water and with my head in rock pools, or spending my time trying to improve the water environment.

### What is your greatest achievement?

Tough to choose, but I recently completed Croyde Ocean triathlon on one of the hottest days of 2022!

### What might we find surprising about you?

I'll keep you guessing!

**BOAT FOR SALE**

Reduced to  
**£1,500**

Includes 75' with 110hp out



Based in Lymington Harbour.

Includes:

- 5hp outboard (new 2014)
- Tender (new 2015)

Contact Margaret  
01975 341010  
margaret@lsc.co.uk



## DIARY DATES

Wed	5 July	19:30	RNLI visit, pasties and bar open
Sat/Sun	8/9 July	19:00	Sat/Sun: Exe Regatta racing Saturday 11am: Cardboard Boat Challenge Saturday 7pm: Party and Paella
Sat	15 July	16:30	Open Sailing & Lite Bites
Fri	21 July	19:30	Pimms' Night

## LSC Regatta

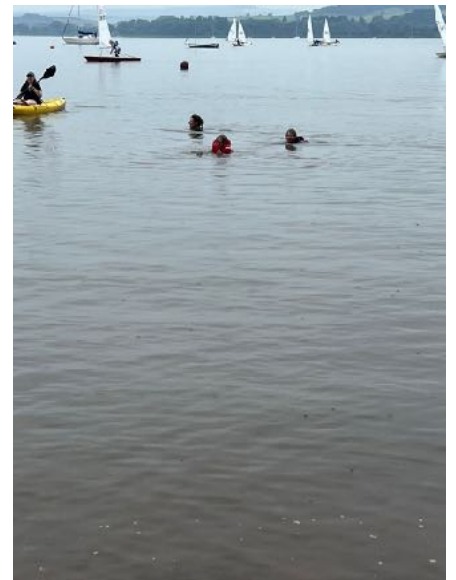
The races for the LSC Regatta Cup were run over the two days of the Regatta. Saturday's racing was hit by a falling wind which saw the dinghies returning to shore early and having to miss the opportunity to soak the Commodore in the sail past. This lack of wind did not deter those with engines and/or big sails to take the opportunity to give the Commodore his traditional soaking before everyone returned to dry land to enjoy the excellent BBQ.



As the dinghies returned to the water on Sunday, Jim Trice led the Regatta Cup series, but unfortunately missed the first race of the day dropping him down the fleet. Going into the final race it was a close contest between Helen Scott and Margaret Turgoose, Helen having to beat Margaret by more than one place to take the series from her. In an exciting race, Helen won the final race, but Margaret came home second to beat Helen by one point in the series (*which just shows that miracles can still happen! Ed.*) A special mention must be given to Theo Whiter, one of the junior competitors, who sailed well to come home third in the series. The Swallows and Amazons event was also really well attended by young and old(er) members on a wide variety of crafts (see photos on next page)



# LYMPSTONE SAILING CLUB



## Well done “Rory the Indomitable”- bringing glory to Lympstone yet again!

### JESTER BALTIMORE CHALLENGE 2023 Sitrep 1 0730 22/06/23

howardchivers Uncategorized 22nd Jun 2023 1 Minute

The Plymouth and Pwllheli fleets both got away on time but have had to face quite different conditions. For the Plymouth boats the extremely light winds, although generally favourable, made life difficult for weathering the Scillies. Several yachts retired to the Scillies, concerned with their slow progress. The Pwllheli fleet had more wind, but it was pretty much on the nose all the way. As finisher Geoff Turner, of *Dawn*, put it: 'I logged 281 miles, 272 of them upwind!' The Pwllheli boats also had to face a long period of Force 6 wind over a strong tide.

As of writing, 9 yachts are already safely tucked up in Baltimore harbour. First in, by quite a big margin, was the indomitable Rory McDougall with his Wharram Tiki 30 *Moana*, who made the passage in a mere 60 hours, despite the light airs. Following Rory has been a mix of Plymouth and Pwllheli boats, including one of this year's overseas participants, Eberhard Harms and *Länge Orm*, from Germany.

Some of the smaller yachts have so far fared well, which is always good to see. Along with Geoff Turner's *Dawn*, a Parker 21, Philip Ashwin is also in with his Cal 24 *Vashi*.